

How to Spa:

- Aithra Spa operates on a daily basis (except Sundays upon appointment)
- In order to make your reservation or for any further enquiries, please contact the Spa Reception

Recommendations to maximise the Aithra Wellness Spa Experience:

- Please ensure that your reservation is made in advance, so as to achieve a preferable time
- Your arrival at the Spa should be 15' before your reserved treatment
- It is expected that all valuables and belongings are kept in the safety deposit box provided by the hotel
- It is important to respect other customer spa experiences, therefore all customers should either switch off their mobile phones or keep communication to a minimum
- It is recommended that spa treatments should not be done while intoxicated
- Aithra Spa promotes wellness and is a non - smoking area
- Customers under the minimum age required (<16) are not permitted on the Spa premises
- Homecare is a very important step to continue the treatment experience given to the customer. All products are available to purchase at the Spa Reception

Payment Methods

- Aithra Spa accepts cash and credit card payments
- Payment of each reservation is paid in advance at the time of the booking
- Any cancellation made 24hrs prior to the appointment, the customer will receive a 50% refund
- No reimbursement will be given should the cancellation be made within the 24hr timeframe of the booking



EVERYDAY WELLNESS

by Aithra Spa Family

AithraSpaFamily

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EVERYDAY WELLNESS MENU

SPA MENU

Wellness Facial

Hydra memory

Deep hydration that results in renewed moisture & silkiness.

Eye Care

For youthful contoured eye appearance.

After Sun

For all skin types, especially those that tend towards dehydration.

Luxury Caviar

Powerful biological anti-aging treatment.

Sublime Skin Lift

An anti-aging therapy combined with a distinct active lift massage.

Wellness Sculpture

Salt Scrub

Invigorating sense of well being with natural exfoliation.

Royal Pepper

Body slimming treatment that dissolves fat cells for an admirable silhouette.

Mineral Wrap

Wrap of the body with a combination of sea active ingredients.

Wellness Massage

Aromasoul Scrub Ritual

Renewing scrub ritual for smooth soft skin ensuring nourishment.

Aromasoul elements Massage

Unique massage ritual taking you on a journey of four distinct worlds: oriental, mediterranean, indian and Arabian.

Back Massage

Regenerate the skin and relieve tension.

Head & neck massage

Relief yourself from stress.

Holistic olive

Mediterranean treatment for wellness and longevity.

Beauty wellness extras

Manicure

Pedicure

Waxing

Hairdresser

Sauna

Hammam

Hot Stones Massage

Ultimate relaxation therapy with volcanic rocks.

Sun soother

Restores and re-moisturizes dry and dehydrated skin with shea butter.

Leg relief

Heavy Leg treatment, provides ideal comfort after a long day.

Tranquillity Face and Body Ritual

Precious sensorial synergy of olfactive notes and the power of human touch for a unique experience to deeply relax body and mind.

Your
**holiday
work out!**



Personal Training - Yoga - Pilates

1h personal
training
45€

yoga & pilates
10€/class



*Offers
Wellness*

3/class yoga & pilates

hammam & sauna
free

3/sessions personal training

1 more session
free

5/sessions personal training

60' massage of your choice
+ hammam & sauna