



Mazarin Health Spa



DIAMONDCOLLECTION
HOTELS



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OPENING

09:00-19:00 pm

COSMETIC LAB

FACIAL TREATMENTS

Using cosmetic dermatology and its continuous evolvement, we recommend the most modern and safest anti-aging methods and treatments.

Baby-Botox 30mins / 200€

One of the most popular and effective anti-aging treatments when dealing with expression wrinkles of the upper face and neck.

Hyaluronic Acid Implants 60mins / 300€

Hypoallergenic implants that restore the lost Hyaluronic acid of the skin, resulting in filling the wrinkles from within and offering the face its lost youthfulness.

PDO Threads 30-40mins / 250€

The use of PDO threads is an innovative and safe technique, in which the areas of the face and body that have been loosened due to aging, thin skin and lack of elasticity become lifted.

Mesotherapy 30-40mins / 90€

Whether injectable or not, this is a mostly preventive treatment aiming at the deep hydration of the skin with Hyaluronic acid or vitamins, both substances of powerful anti-aging action.

PRP Autologous Facial Mesotherapy 60-75mins / 250€

With this innovative, revolutionary method of Mesotherapy using Autologous serum with platelets and enhancing factors from the same individual, a biological boost and improvement of the face structure is accomplished.

Ultrasound-RF Therapy 30-40mins / 55€

This is the absolute non-invasive treatment combining ultrasounds and radiofrequencies, in order to encounter loose skin, smoothen wrinkles, produce new collagen and tighten the face and neck.

Oxygeneo 30-45mins / 70€

A non-invasive anti-aging face treatment to reduce wrinkles, improve the pigmentation and texture of the skin leading to visible results from the very first session. Suitable for all skin types, this avant-garde youth platform offers a youthful glow, rejuvenation and firmness to the face, as it does not cause red-ness and irritation to the skin.

Diamond application for skin cleansing 45-60 mins / 60€

Microdermabrasion is one of the modern methods available to Cosmetic Dermatology for skin rejuvenation. Diamond Microdermabrasion is a non-invasive therapy and in combination with other applications is indicated for people of all ages. Through a perfectly controlled deep cleansing of the skin from the dead cells, the skin is stimulated, becomes smoother and is rejuvenated. Microdermabrasion is painless and it is indicated for all skin types throughout the year.

Photodynamic Therapy in Face Rejuvenation 20-30mins / 50€

Designed to compact the effects of aging in a gentle way.

BODY TREATMENTS

Cryolipolysis – Coolsculpting by Zeltiq from 60 mins and above from 400€

Coolsculpting is the first and only non-invasive method for the permanent removal of local fat, which has been approved according to the strict standards of the American Food and Drug Administration (FDA). It is a non-surgical, clinically proven procedure that selectively reduces unwanted fat using cooling technology, permanently. It is painless and safe and after the end of the session, the appearance of the skin is noticeably improved, while the patient can immediately return undisturbed to his or her daily routine.

Radio Frequencies RF with Cavitation 40-60mins / 80€

It is the most sophisticated and comfortable non-invasive treatment to tight lipodialysis and shape the face and body without scalpel and injections. It is specialized treatment penetrating the skin to the fatty tissue, offering skin tightening, toning, lipodialysis and elasticity, in a pain-free and pleasant way.

Mesotherapy for Body firming 30-45mins / 90€

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SPA TREATMENTS MENU BY PHYTOMER

PHYTOMER FACIAL TREATMENTS

● Hydra Blue Treatment – Detox and Plumping Moisturizing *60mins / 65€*

A complete and specialized treatment that has two actions. Reliefs from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask "Chauffant nettoyant" with sea zeolites, kaolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better.

● After Sun Douceur Marine *60mins / 65€*

An ideal treatment for sensitive skin that calms and relieves immediately. Water from sea springs, algae sugars, and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin. Ideal for sun burned skin.

● Extended Youth *60mins / 70€*

An anti-wrinkle firming treatment that increases the resistance of the skin giving an extended youth. The marine macro-molecules contribute to the cells restructure and to the collagen's and elastin's reproduction as well.

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● Skin Escape for Men *50mins / 55€*

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on face, hydrates and calms the skin from any irritation. Suitable for men's skin, it gives freshness and a smoothing effect.

PHYTOMER BODY SCRABS & TREATMENTS

● Body Exfoliant & Toning *45mins / 45mins*

An all-purpose exfoliation with marine crystals, powder from red algae and essential oils. An ideal preparation before and after sun exposure for a healthy and even tanning with a moisturizing effect.

● P5 Sea Force Slimming with Algae Jam *60mins / 75€*

The innovative new slimming treatment powered by 5 different kinds of Algae activates the energy mechanism of fat cells, stimulates lipolysis and reduces the storage of fat. Specially designed massage and wrap with seaweed jam, offers unique toning and softness your skin.

● Champagne Thermal Algotherapy – Back, Neck, Feet *60mins / 75€*

It relieves and eases from back, neck and leg pain while deeply detoxifying your body. After a deep cleansing of the skin, a thermal marine mud is applied to areas with tension. The thousands warm microbubbles that are released, diffuse active ingredients that relieve from aches and tightened muscles. Enjoy the therapeutic massage.



MASSAGES

BODY MASSAGES

● Signature Mazarin Body Massage *60mins / 65€ or 80mins / 85€*

A combining massage technique inspired from the five continents, with hot oil and extracts from the flower of the desert, rich in minerals and metals. A wonderful journey into the heart of the five continents that stimulates the senses. The 75mins includes a face and scalp massage.

● Aroma Oil Massage *60mins / 65€*

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs, which have therapeutic abilities appropriately chosen to suit your personal needs. It relieves from headaches, migraines, provides energy and releases endorphins, the hormones of happiness.

● Deep Tissue Massage *60mins / 65€*

It's a massage technique that focuses on the deeper tissues of the muscles and targets, via deep pressures, to ease the muscle tension and provide relief and well-being.

● Prenatal Massage *60mins / 65€*

Specially designed treatment suitable for all stages of pregnancy after the first trimester. Includes full body massage and relaxing facial massage with almond oil. Pregnancy support pillows are used throughout to ensure absolute comfort.

EXPRESS TREATMENTS 30 MINUTES

● Indian Head & scalp massage *30mins / 40€*

A refreshing massage on the upper back, head and scalp that decongests, unblock and stimulate these sensitive areas that builds up the tension. Mental, emotional and physical pressures are eliminated, while the serenity, relaxation and recreation impacts across your organization.

● Half Back Massage *30mins / 40€*

Back-Neck massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage, relieves stress and headaches, improves circulation and posture, relaxes muscles and improves flexibility while it can also decrease the feeling of jet lag.

● Leg Revival – Leg Soothing Treatment *30mins / 40€*

This is the ideal treatment after a long flight using Centella Asiatica and marine flavonoid that detoxify and relax tired swollen feet. Peeling, with salts and essential oils, special cooling gel mask from the feet to thighs favors the microcirculation, strengthens the capillaries, removes fatigue, invigorates and obliterates the edemas.

● Spa Prestige Éclat -Mini Facial *30mins / 40€*

Co-existence of forces of marine wealth in a treatment designed for rejuvenation, glow and hydration to your skin. A mini facial treatment adjusted to your individual needs. Ideal before your night out.

HOLISTIC SIGNATURE MASSAGES

● Exotic Massage *80mins / 85€* Deluxe edition 4 hands *80min / 150€*

This ritual Massage with authentic Monoi de Tahiti the holy oil of Polynesia, is an experience full of pleasure that balances the energy flow and promotes total relaxation and wellness. This precious nectar with its sophisticated fragrance flows from the head down to the feet, following the energy lines offering its soothing and purifying properties.

● Lava Shells Tropical Massage *80mins / 85€*

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, and enhance blood circulation and lymph.

● Candle Massage *80mins / 85€*

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements invites you into a joyful sensorial escape.

● Couples Massage *80mins / 150€*

Relax with your partner by choosing one of the Signature Holistic Massages in a specially designed double room.



HYDROTHERAPY WATER RITUALS

VICHY SHOWER

● Sea Foam Massage in the Vichy Shower Room *90mins / 85€*

After sun treatment/ Massage /Wrap

A unique relaxing experience. The massage ritual takes place in the Vichy Shower room where "rain" of warm water along with chromotherapy cleanse and relax the body. A smooth cleansing of the skin with a creamy-soapy product is followed by a 20min session of Vichy Shower and a full body wrap with a detoxifying, firming and cooling mask. The experience is completed with an intense moisturizing cream, leaving the body totally nourished and relaxed.

● Oligomer Peeling and massage in Vichy Room *60mins / 65€*

Enjoyable experience of a relaxing "rain" of warm water in the Vichy shower. Full body exfoliation and massage that purifies your skin and rejuvenates the body. This treatment removes any tension, relaxes and relieves the muscles. The skin acquires radiance and elasticity.

RHASSOUL CHAMBER

● Sultan's Veil Mineral Rhassoul Mud *30mins / 30€ for one person or 50€ for two people*

Unwind together and let your body and mind totally relax. Our Rhassoul experience takes place in your own private chamber where pots of natural mineral clay from Morocco await you. Apply the clay to your body, face and scalp (if you wish), sit and relax whilst the mud works its magic. Rinse it off and lastly apply a nourishing body oil to hydrate and soften your skin.



MAZARIN TAILOR - MADE RITUALS

We designed these special Ritual packages combining the cosmetic dermatology with the wellbeing spa treatments for quicker and spectacular results. Choose the one most suitable and we will create the most effective schedule for you.

Mazarin Glow

*Duration 3hours 45min / 210€**

A full body exfoliation combined with diamonds face exfoliation will leave your skin glowing, purified and soft followed by a full body massage for deep relaxation and bliss.

- Diamond Dermabrasion
- Free Use of Wet area
- Body Exfoliant & Toning
- A 60mins massage of your choice
- Basic manicure & pedicure

3D Anti-ageing Booster

*Duration 2hrs & 15mins / 175€**

This is the optimal anti-ageing ritual combined with a tailor made body massage.

- Oxygeneo
- Spa Prestige Éclat- Mini facial
- A 60 min massage of your choice

Detox and Slim

*Duration 3hrs / 175€**

This is a rejuvenating and detoxifying combination of body slimming treatments followed by a mini flash facial for hydration and glow.

- RF Cavitation for Body (legs/arms or belly)
- P5 Body treatment
- Yoga or Fitness 1 hr private session

Oriental Honeymoon Experience

*Duration 2hrs & 40mins / 230****

Unwind together in our mood altering chromo therapy room, soothing sauna and steam. Relax in your own private Rhassoul chamber whilst gentle steam fills the air. Apply each other the mineral Rhassoul mud all over the body and hair. Once the skin is rinsed and prepared, a unique holistic body and face couple's massage follows, using authentic Monoi de Tahiti oil, combined with an Indian head massage. This experience concludes with 2 glasses of champagne to celebrate your new life together.

- Sultan's Veil Mineral Rhassoul Mud Ritual
- Free Use of Wet area
- Couples massage
- Indian head & scalp massage
- Champagne and fruit for two

Hippocrates Journey to Ancient Greece

*Duration 3hrs & 50mins / 190€ ***

- Oligomer Peeling and massage in Vichy Room
- Aroma Oil Massage
- Free Usage of Wet area
- Extended Youth anti-aging facial treatment

Awake your spirit

*Duration 3hrs & 20mins / 175€ **

This daily experience allows your mind to unwind, ensures tranquility and relaxation. Your body and your spirit will be rebalanced, recharged and refreshed. A well planned day with yoga, body massage and a facial for a holistic wellbeing.

- Early morning Yoga private session
- Free Use of Wet area
- Lava Shells Body massage
- Hydra Blue Treatment

Boost your Energy

*Duration 2hrs & 45mins / 134€**

- Early morning Fitness private session
- Free Use of Wet area
- Deep Tissue Massage
- Spa Prestige Éclat- Mini facial

BEAUTY SERVICES

Pamper yourself for a special occasion – from bridal hair to manicures or pedicures for a night out.

- Manicure Basic
30' / 20€
- Manicure Semi-Permanent
45' / 30€
- Gel Polish removal
15' / 15€
- Pedicure Semi-Permanent
60' / 40€
- Pedicure Basic
45' / 30€
- File and polish
15' / 15€

WAX DÉPILATION

- Half Leg
15' / 40€
- Bikini
10' / 30€
- Chest
20' / 50€
- Brazilian Bikini
15' / 40€
- Forehands
15' / 20€
- Chin
5' / 15€
- Eyebrows
10' / 10€
- Upper Leg
30' / 55€
- Back
25' / 60€
- Under Arms
5' / 25€
- Upper Lip
5' / 10€
- Forehands-Arms
20' / 30€

WELLNESS SERVICES

YOGA AND FITNESS

Personal training sessions of Yoga & Fitness classes for individuals, couples and groups.
Free group classes are offered daily.
Please contact the Spa Reception for information and availability.

1 hour 40€ | 5 sessions 170€ | 10 sessions 240€

We offer different types of training according to your needs:

- Cross Training
- Functional Training
- Rehab Training
- Dynamic Yoga
- Restorative Yoga
- Mindfulness Yoga



SPA ETIQUETTE

Our basic guidelines let you know what to expect at the Mazarin Spa so you can feel at ease and get the most of your visit.

● Opening Hours

Spa Reception 09:00 – 19:00
Spa Treatments 09:00 - 19:00
Gym 09:00 - 19:00
Thermal Experience Sauna and steam bath 09:00 – 18:50
Water Area 09:00 - 19:00

Hair Salon upon Request. Please contact the spa reception
For in-suite massages there is an extra charge of **20%**

● Appointments

For your own convenience and in order to have the necessary time to prepare for your treatments, please arrive 15 minutes prior to your appointment. We recommend that you leave all jewelry and valuables in your room before coming to the spa.

Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

We recommend using the steam and sauna prior to any treatment. This will stimulate your blood and lymphatic systems and enhance the benefits of your spa treatment.

● Consultation

If you are unable to attend the agreed appointment, please notify us at least 12 hours beforehand. A 50% charge is applied for reservations cancelled less than 12 hours in advance.

For no-show appointments, the full service 100% fee will be charged.

If you arrive late for your appointment and your therapist or treatment rooms are booked afterwards, we regret that your session will have to be shortened accordingly.

● Advanced Bookings

We highly recommend booking your treatments in advance to ensure your preferred time and service are available.

● During your stay

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Please be aware of the volume of your voice so as not to disturb other guests.

To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Reception.

● Health Condition

Please advise us of any health conditions, pregnancy, allergies or injuries which could affect your service when making your spa reservation.

