

Mazarin Health Spa



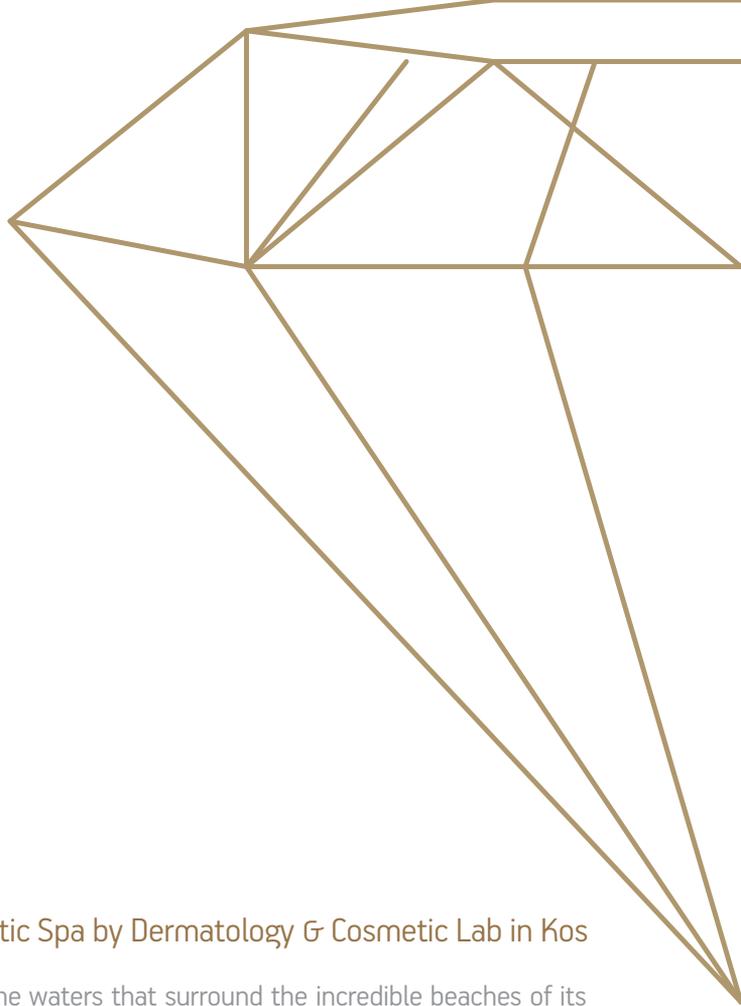
DIAMONDCOLLECTION
HOTELS

TELEPHONE

872

OPENING

09:00-19:00 pm



Welcome to Mazarin Wellness & Cosmetic Spa by Dermatology & Cosmetic Lab in Kos

Kos Island is noted for the crystal clarity of the waters that surround the incredible beaches of its 112 km of coastline. Merging tradition, history and nature, Kos blends ancient, medieval and modern architecture with abundant vegetation. Birth place of Hippocrates around 460 BC, one of the most outstanding figures in the history of medicine. What interested him was the human nature, the body and its function, but also the impact of climate and environment on health. For the purposes of medicine he used plants and herbs, because he believed deeply in the power of nature and the sea. The Mazarin Spa is inspired by The Grand Mazarin, a historic light pink colored, brilliant-cut diamond. Thus, it is a gem Spa with a holistic philosophy that focuses not only on aesthetic improvement, but in achieving balance of the body, clarity of mind and spirit with respect to the nature and the sea. There-fore all the products and the treatments are well selected and designed to comply with our philosophy.

Phytomer is the organic, eco-friendly cosmetic brand used for our treatments and rituals. With nearly 50 years of expertise in professional salons and spas worldwide, the use of wild, sustainable, active marine ingredients delivers the sea's benefits to your skin without solvents or chemicals. Each of the treatments provides a sensory journey around textures, scents and massage techniques performed by our highly trained therapists.

In the Cosmetic Lab the treatments are designed to reverse the effect of time on your skin and improve its elasticity, glow and youth. All you have to do is to choose from a wide range of anti-aging treatments selected to be safely performed in the Spa and while you are on your vacation.

The Mazarin Spa features five luxurious, state-of-the-art treatment rooms, including a mood altering chromo therapy room, a beautiful relaxation area, an authentic hamam, Rhassoul treatments and Vichy showers, as well as soothing saunas. A choice of a heated indoor or an outdoor pool complex. A fully equipped fitness area and personalized yoga and fitness classes ensure that guests keep healthy and fit whilst on holiday.

Combine your vacations on the island of Kos with the benefits of high-quality skin treatments, pamper yourselves and discover the real you.



COSMETIC LAB

FACIAL TREATMENTS

Using cosmetic dermatology and its continuous evolution, we recommend the most modern and safest anti-aging methods and treatments.

Baby-Botox

30mins / 200€

One of the most popular and effective anti-aging treatments when dealing with expression wrinkles of the upper face and neck.

Hyaluronic Acid Implants

60mins / 300€

Hypoallergenic implants that restore the lost Hyaluronic acid of the skin, resulting in filling the wrinkles from within and offering the face its lost youthfulness.

PDO Threads

30-40mins / 250€

The use of PDO threads is an innovative and safe technique, in which the areas of the face and body that have been loosened due to aging, thin skin and lack of elasticity become lifted.

Mesotherapy

30-40mins / 90€

Whether is injectible or not, this is a mostly preventive treatment aiming at the deep hydration of the skin with Hyaluronic acid or vitamins, both substances of powerful anti-aging action.

PRP Autologous Facial Mesotherapy

60-75mins / 250€

With this innovative, revolutionary method of Mesotherapy using Autologous serum with platelets and enhancing factors from the same individual, a biological boost and improvement of the face structure is accomplished.

Ultrasound-RF Therapy

30-40mins / 80€

This is the absolute non-invasive treatment combining ultrasounds and radiofrequencies, in order to encounter loose skin, smoothen wrinkles, produce new collagen and tighten the face and neck.

Oxygeneo

30-45mins / 90€

A non-invasive anti-aging face treatment to reduce wrinkles, improve the pigmentation and texture of the skin leading to visible results from the very first session. Suitable for all skin types, this avant-garde youth platform offers a youthful glow, rejuvenation and firmness to the face, as it does not cause red-ness and irritation to the skin.

Diamond application for skin cleansing

45 mins / 80€

Microdermabrasion is one of the modern methods available to Cosmetic Dermatology for skin rejuvenation. Diamond Microdermabrasion is a non invasive therapy and in combination with other applications is indicated for people of all ages. Through a perfectly controlled deep cleansing of the skin from the dead cells, the skin is stimulated, becomes smoother and is rejuvenated. Microdermabrasion is painless and it is indicated for all skin types throughout the year.

Photodynamic Therapy in Face Rejuvenation

20-30mins / 50€

Designed to compact the effects of aging in a gentle way.

BODY TREATMENTS

● Cryolipolysis – Coolsculpting by Zeltiq

from 60 mins and above from 400€

Coolsculpting is the first and only non invasive method for the permanent removal of local fat, which has been approved according to the strict standards of the American Food and Drug Administration (FDA). It is a non-surgical, clinically proven procedure that selectively reduces unwanted fat using cooling technology, permanently. It is painless and safe and after the end of the session, the appearance of the skin is noticeably improved, while the patient can immediately return undisturbed to his or her daily routine.

● Radio Frequencies RF with Cavitation

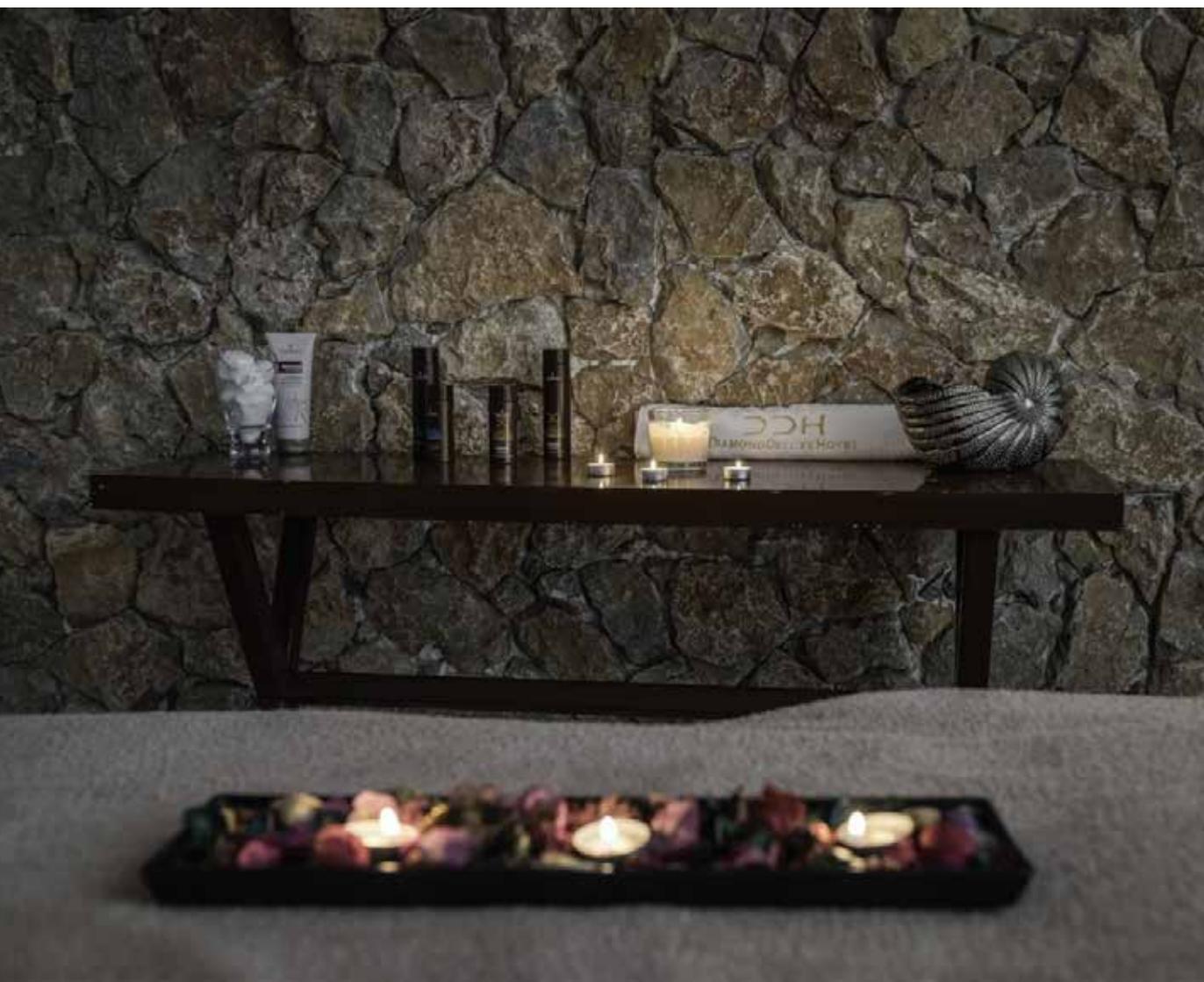
40-60mins / 80€

It is the most sophisticated and comfortable non-invasive treatment to tight lipodialysis and shape the face and body without scalpel and injections. It is specialized treatment penetrating the skin to the fatty tissue, offering skin tightening, toning, lipodialysis and elasticity, in a pain-free and pleasant way.

● Mesotherapy for Body firming

30-45mins / 90€

Mesotherapy enriches the dermis, which is the middle layer of the skin with vitamins, antioxidants, minerals, enzymes and amino acids that nourish and rejuvenate the skin. It promotes the production of collagen and elastin.



SPA RITUALS FACE & BODY

● Signature Hippocrates' Treatment by Mazarin spa *75 mins / 90€*

All the power of the sea incorporated in a specialized treatment for your body. It treats and soothes musculoskeletal aches, detoxifies your body, relaxes areas with tension and provides wellbeing and relaxation.

The treatment begins with a scrub, followed by a warm therapeutic cocoon of marine thermal mud while the care is completed by a therapeutic massage.

Begin your vacation renewed on the island of Hippocrates.

● Diamonds 24 karat Golden Spa Care *75 mins / 90€*

A complete face and body treatment for detoxification, hydration, remineralization, antiaging, renewal, rejuvenation, wellness, through the luxury of gold and the subtle scent of the flowers of the fields and the desert.

Artemisia, the flower of Passion, minerals, metals such as gold, pearl and the scent of daisies take you on a magical journey of the senses and the flow of positive energy enveloping you in a veil of gold.

Freshness – scents and glow in the eternal art of beauty.

● AromaVedic Holistic – Wellness –Rejuvenation -Radiance *75 mins / 85€*

A Holistic massage for body and face, inspired by India. Extracts of apricot oil, rich in vitamin E with lily essences, ylang – ylang, rosemary, rose, ginger, violet, coriander, camellia, invite you to a relaxing ritual, full of energy, joy and passion for life. You may, depending on your physical and spiritual state, choose the essence that you most prefer.

Last brushstroke on the canvas of your beauty is the mask of roses (rosewood oils and extracts from rose petals).

Indulge in a holistic and aesthetic facial and body treatment and give your skin a velvety sensation, your body complete relaxation and your soul serenity. The lily symbolizes innocence, the promise of eternity and bliss.



SPA TREATMENTS MENU BY PHYTOMER

PHYTOMER FACIAL TREATMENTS

● Spa–Prestige Éclat 30 mins / 45€

The coexistence of the rich marine power into a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

● Hydra Blue Treatment – Detox and Plumping Moisturizing 60mins / 65€

A complete and specialized treatment that has two actions. Reliefs from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask "Chauffant nettoyant" with sea zeolites, kaolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better.

● Douceur Marine – Sensitive Skin 60mins / 65€

An ideal treatment for sensitive skin that calms and relieves immediately. Water from sea springs, algae sugars, and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin. Ideal for sun burned skin.

● Illuminate Skin Care 60 mins / 70€

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The "Sorbet" delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

● Extended Youth 60 mins / 75€

An anti-wrinkle –firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells restructure and to the collagen's and elastin's reproduction as well. The sea retinol and hyaluronic restore the aspect of youth revealing your facial characteristics. An effective radiant-firming and smoothing wrinkles treatment with 100% natural – effective ingredients of the marine resources – which reinvigorate your skin, against the deterioration of time.

Ocean – Science – Beauty to the Cosmetics request.

● Skin Escape for Men 50 mins / 60€

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on face, hydrates and calms the skin from any irritation. Suitable for men's skin, it gives freshness and a smoothing effect.



PHYTOMER BODY TREATMENTS

● Moroccan Peeling Rose – Jasmin *40 mins / 50€*

Delightful exfoliation with cherry and plum kernel powders that glide on and eliminate impurities and dead cells providing your skin with softness and brightness. A creamy textured milk follows, that moisturizes and nourishes leaving your skin silky smooth and envelops your body with a soft and delicate fragrance of rose petals and jasmine from Morocco.

● Sultan's Veil Mineral Rhassoul Mud *30 mins / 40€ (single) or 65€ (couple)*

Discover the magic of the Orient with a care that combines originality with authenticity.

A natural mineral clay from Morocco, the Rhassoul, for millions of years offers its cleansing, soothing, firming and rejuvenating benefits to your skin.

The subtle scent of essential oils of jasmine and rose travel you to the country of thousand and one nights...

● Leg Revival – Leg Soothing Treatment *30 mins / 45€*

A treatment with marine flavonoids and Centella Asiatica that filters, stimulates blood microcirculation, reinforces capillary tone, relaxes and relieves tired legs. A Peeling with crystal salts and essential oils follows. Application of a particularly fresh gel mask from the feet up to thighs that stimulates blood microcirculation, rejuvenates and removes the edemas. Rediscover the confidence of showing off your legs.

● P5 Sea Force Slimming with Algae Jam *60 mins / 75€*

The innovative new slimming treatment powered by 5 different kinds of Algae activates the energy mechanism of fat cells, stimulates lipolysis and reduces the storage of fat. Specially designed massage and wrap with seaweed jam, offers unique toning and softness to your skin, smoother skin appearance and a pleasant sea scent to follow you.





MASSAGES

HOLISTIC SIGNATURE MASSAGES

● Exotic Massage *70 mins / 85€*

This ritual Massage with authentic Monoi de Tahiti the holy oil of Polynesia, is an experience full of pleasure that balances the energy flow and promotes total relaxation and wellness. This precious nectar with its sophisticated fragrance flows from the head down to the feet, following the energy lines offering its soothing and purifying properties.

● Lava Shells Tropical Massage *70 mins / 85€*

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, and enhance blood circulation and lymph.

● Candle Massage *70 mins / 85€*

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements invites you into a joyful sensorial escape.

● Couples Massage *70 mins / 145€ (no further offer applies)*

Relax with your partner by choosing one of the Signature Holistic Massages in a specially designed dou-ble room.

BODY MASSAGES

● Aroma Oil Massage *60 mins / 70€*

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs, which have therapeutic abilities appropriately chosen to suit your personal needs. It relieves from headaches, migraines, provides energy and releases endorphins, the hormones of happiness.

● Deep Tissue Massage *50 mins / 65€ 70 mins / 85€*

It's a massage technique that focuses on the deeper tissues of the muscles and targets, via deep pressures, to ease the muscle tension and provide relief and well-being.

● Back, Neck & Shoulder Massage *30 mins / 45€*

Back-Neck massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage, relieves stress and headaches, improves circulation and posture, relaxes muscles and improves flexibility while it can also decrease the feeling of jet lag.



HYDROTHERAPY WATER RITUALS

VICHY SHOWER

● Spa Peeling Massage *30 mins / 50€*

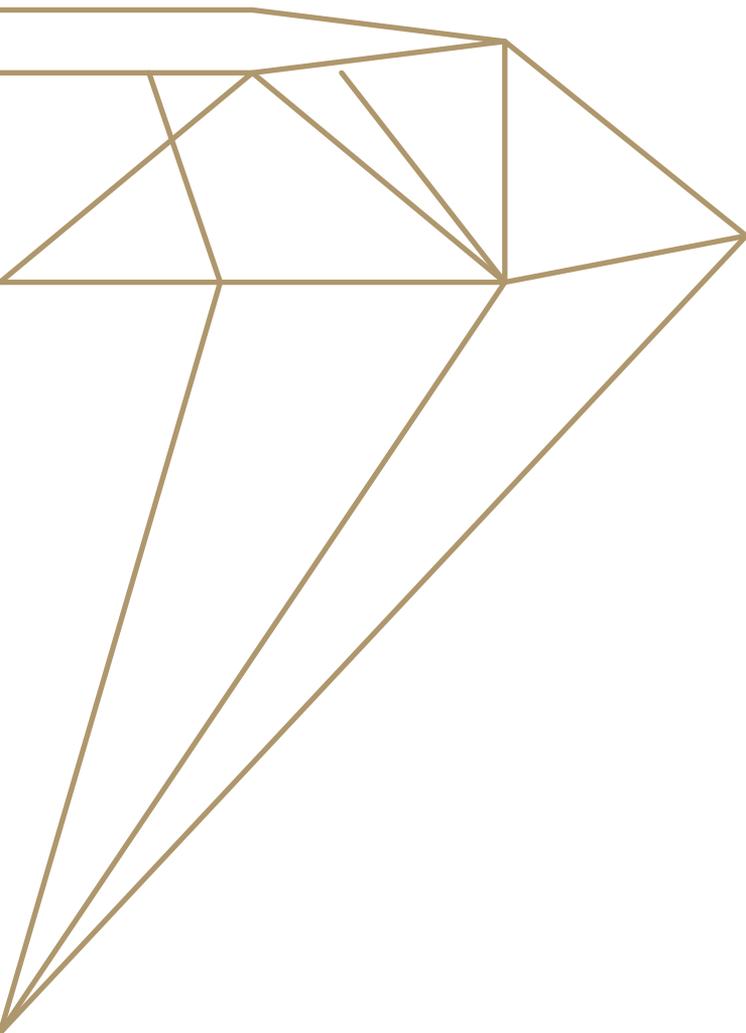
Exhilarating experienced relaxing massage with hot rain hydromassage in the Vichy Shower. Here, exfoliation and massage cleanses your skin and refreshes your body. This care removes any tension, relaxes the muscles and your skin glows.

● Sea Foam Calming Care - Sensitive Skin After Sun Treatment *45 mins / 60€*

An experience of unique relaxation for your body, this outstanding treatment in the Vichy Shower re-lieves, soothes and moisturizes sensitized skin.

Massage on the whole body with warm rain showers and a soft creamy cleanser offer an incomparable sensation of resting, rejuvenation and relaxation.

The ritual is completed with the application of cream that as a protective veil leaves your skin looking healthy and glowing.



MAZARIN TAILOR – MADE RITUALS

We designed these special Ritual packages combining the cosmetic dermatology with the wellbeing spa treatments for quicker and spectacular results. Choose the one most suitable and we will create the most effective schedule for you.

● Mazarin Glow

Duration 215 mins / 210€

A full body exfoliation combined with diamonds face exfoliation will leave your skin glowing, purified and soft followed by a full body massage for deep relaxation and bliss.

- Diamond Dermabrasion
- Moroccan Peeling Rose - Jasmin
- Aroma Oil Massage
- Basic manicure & pedicure
- Free Use of Wet area

● Anti-ageing Booster

Duration 145 mins / 185€

This is the optimal anti-ageing ritual combined with a tailor made body care.

- Oxygeneo
- Extended Youth
- Sea Foam Calming Care
- Free Use of Wet area

● Detox and Slim

Duration 135 mins / 175€

This is a rejuvenating and detoxifying combination of body slimming treatments followed by a mini flash facial for hydration and glow.

- RF Cavitation for Body (legs/arms or belly)
- P5 Body treatment
- Spa Prestige Eclat mini facial
- Free Use of Wet area

● Oriental Honeymoon Experience

Duration 165 mins / 230€

Unwind together in our mood altering chromo therapy room, soothing sauna and steam. Apply each other the mineral Rhassoul mud all over the body and hair. Once the skin is rinsed and prepared, a unique holistic body and face couple's massage follows, using authentic Monoi de Tahiti oil. This experience concludes with 2 glasses of champagne to celebrate your new life together.

- Sultan's Veil Mineral Rhassoul Mud Ritual
- Couples massage
- Spa Prestige Eclat mini facial
- Champagne and fruits for two Free
- Free Use of Wet area

No further offer on Tailor – Made Rituals applies

BEAUTY SERVICES

Pamper yourself for a special occasion – from bridal hair to manicures or pedicures for a night out.

- Manicure Basic
30' / 20€
- Manicure Semi-Permanent
40' / 30€
- Spa Manicure
45' / 35€
- Spa Manicure Semi Permanent
50' / 45€
- Gel Polish removal
15' / 15€
- Pedicure Basic
40' / 30€
- Pedicure Semi Permanent
45' / 40€
- Spa Pedicure
50' / 45€
- Spa Pedicure Semi Permanent
55' / 55€
- File and polish
15' / 15€
- French polish
+5€

WAX DÉPILATION

- Calves
15' / 40€
- Calves-Tights
30' / 55€
- Bikini
10' / 30€
- Brazilian Bikini
15' / 40€
- Chest
20' / 50€
- Back
25' / 60€
- Forehands
15' / 20€
- Forehands-Arms
20' / 30€
- Arm pit
5' / 25€
- Chin
5' / 15€
- Upper Lip
5' / 10€
- Eyebrows
10' / 15€

WELLNESS SERVICES

YOGA AND FITNESS

Personal training sessions of Yoga & Fitness classes for individuals, couples and groups can be arranged.
Please contact the Spa Reception for information and availability.



SPA ETIQUETTE

Our basic guidelines let you know what to expect at the Mazarin Spa so you can feel at ease and get the most of your visit.

● Opening Hours

Spa Reception 09:00 – 18:50
Spa Treatments 09:00 - 18:50
Gym 09:00 - 18:50
Thermal Experience Sauna and steam bath 09:00 – 18:50
Water Area 09:00 - 18:50

Hair Salon upon Request. Please contact the spa reception
For in-suite massages there is an extra charge of **15%**

● Appointments

For your own convenience and in order to have the necessary time to prepare for your treatments, please arrive 15 minutes prior to your appointment. We recommend that you leave all jewelry and valuables in your room before coming to the spa.

Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

● Consultation

Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

● Advanced Bookings

We highly recommend booking your treatments in advance to ensure your preferred time and service are available.

● During your stay

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Please be aware of the volume of your voice so as not to disturb other guests.

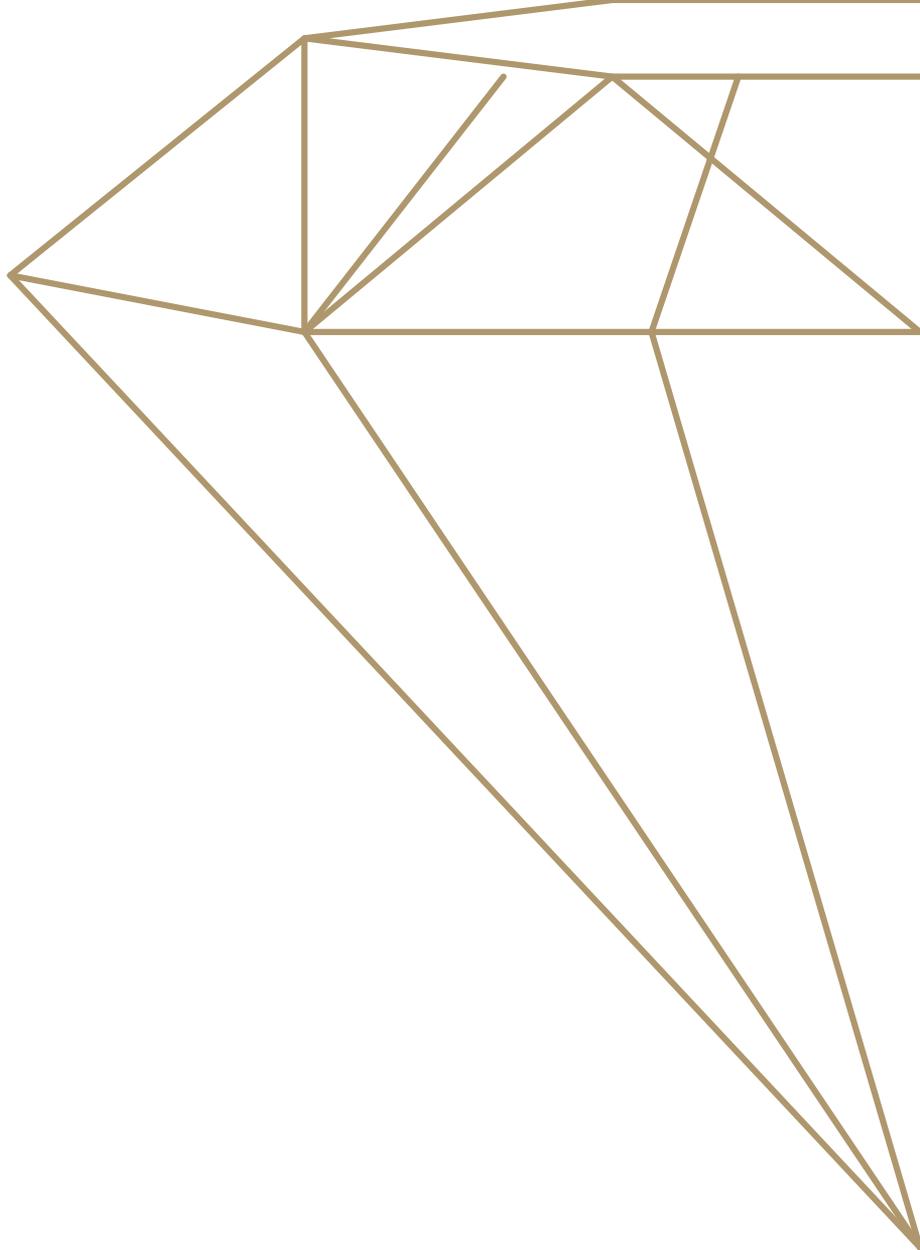
To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Reception.

● Health Condition

Please advise us of any health conditions, pregnancy, allergies or injuries which could affect your service when making your spa reservation.







DIAMONDCOLLECTION
HOTELS

Nea Alikamassos Lambi 85300 Kos Greece
T +30 22420 48835 F +30 22420 49460

E info@diamonhotel.gr

www.diamonhotel.gr